

# Packing List

---



- Sleeping bag
- Running shoes
- Pillow
- Indoor running shoes
- Extra blanket
- Water bottle
- Flashlight
- Towel
- Sleepwear
- Toiletries including shampoo
- Weather appropriate clothing
- Hand soap

## ALSO CONSIDER:

- Sunglasses
- Back pack
- Money for Camp Store
- Sunscreen
- Bug Spray

## ADDITIONALLY FOR WINTER

- Winter Coat
- Snow Pants
- Winter Boots
- Hat and Scarf
- 2 Pairs of Gloves
- Long Underwear
- Warm Blanket

## ADDITIONALLY FOR SPRING

- Insect Repellent
- Bug Jacket
- Rain Jacket
- Rubber Boots
- Hat

## ADDITIONALLY FOR FALL

- Rain Jacket
- Rubber Boots
- Hat

## IMPORTANT NOTES:

- All activities require closed toed shoes in order to participate.
- Pack an extra sweatshirt and extra socks for wet & cold days.
- Please leave your valuables at home.

